

The Brigitte Trust

Helping people live well
beyond diagnosis

Bereavement Support Group

The Brigitte Trust is running **FREE** structured 8-week bereavement programmes run by a professional facilitator for anyone in Surrey struggling with their own grief and bereavement.

Visiting people facing life limiting illness

If you, a family member or friend is diagnosed with a life limiting illness it can be really hard to cope - not just with hospital visits and treatments but also practical tasks at home. It is often hard to share the many fears serious illness brings.

Volunteer

One of the greatest gifts you can give is your time! We support people facing a life-limiting illness but we also need volunteer support. Contact us or visit our website for details on our free training courses.

Coffin Club

Join us to plan your perfect send-off. A free 6-week course to learn everything you need to plan, execute and cost your unique end-of-life celebration. You can even purchase and decorate your very own eco reinforced cardboard coffin!



Email: admin@brigitte-trust.com
Tel: 01306 881816
Website: www.brigitte-trust.org

